**PLANNED PROGRAM CONTENT - SKATE HELENA 2025**

**(Belgrade, January 31st to February 2nd 2025)**

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| **ISU Member or Club:** |
| **Category:** Seniors:  Juniors:  Advance Novices:  Men/Boys:  Women/Girls: |
| **First name and Surname of competitor:** |

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| **ELEMENTS:** |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Elements SHORT Program** |  |  | **Elements FREE Program** |
| 1 |  |  | 1 |  |
| 2 |  |
| 2 |  | 3 |  |
| 4 |  |
| 3 |  | 5 |  |
| 6 |  |
| 4 |  | 7 |  |
| 8 |  |
| 5 |  |  | 9 |  |
|  | 10 |  |
| 6 |  |  | 11 |  |
|  | 12 |  |
| 7 |  |  | 13 |  |
|  | 14 |  |
| 8 |  |  | 15 |  |
|  | 16 |  |

|  |  |
| --- | --- |
| Date: |  |
| Signature: |  |